

Cooking

Turn culinary skills into a profitable business

A complete journey from the kitchen basics to the business of selling. Learn to cook with precision, price with confidence, and present with style. Master the art and science of cooking, and turn your passion into a profitable reality.

6 modules

What you'll learn

- ✓ Master essential knife skills and flavor balancing
- ✓ Calculate precise plate costs and set profitable pricing
- ✓ Execute professional cooking methods and full dishes
- ✓ Master plating techniques to elevate food presentation

Syllabus

1 The basics

Knife skills Flavor

2 Techniques

Cooking methods Full dishes

3 Cook to sell

Plate costing Presentation

Who is it for?

Aspiring chefs, home cooks, and culinary entrepreneurs ready to professionalize their craft and start a food business.

Start today at capacita.paulovila.org

Capacita · Study better, work better.