

After an earthquake: the first 72 hours

Survive the First 72 Hours: A Practical Guide to Post-Earthquake Safety

When disaster strikes, the first 72 hours are critical. This course provides a clear, actionable plan to assess your environment, secure essential resources, and communicate effectively. Learn how to stay safe, prevent further damage, and support your community with confidence.

4 modules

What you'll learn

- ✓ Assess structural damage safely before attempting to help others
- ✓ Establish reliable communication and identify verified sources of help
- ✓ Protect critical resources: water, gas, and electricity

Syllabus

1 Life and safety first

Assess before helping Do not re-enter a damaged structure

2 Protect resources and community

Water, gas, and electricity Communication and verified help

Who is it for?

Homeowners, property managers, and anyone living in earthquake-prone zones who want to protect their families and community.

Start today at capacita.paulovila.org

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