

Public Speaking

Own the room, captivate the audience, and speak with confidence

A practical, hands-on journey from conquering anxiety to delivering powerful speeches. Learn real techniques to structure your thoughts, connect emotionally with your audience, and handle any question confidently—start applying them from day one.

6 modules

What you'll learn

- ✓ Overcome stage fright and master your voice and body language
- ✓ Read the room, engage your audience, and handle questions with ease
- ✓ Structure your message clearly and tell compelling stories

Syllabus

1 Beat the panic

Stage fright Voice and body

2 Build your message

Clear structure Tell stories

3 Connect

Read the room Handle questions

Who is it for?

Professionals, entrepreneurs, and anyone who needs to present ideas, pitch projects, or speak in public with impact.

Start today at capacita.paulovila.org

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